

Academic Staff Profile

Personal Profile

Personal Details

<p>Name: Lucy Mwari Kithinji Title/Qualification: MPHE, BA COM. DEV., DAN (BSN equivalent) KRCHN, KRM. Department: COMMUNITY HEALTH & REPRODUCTIVE HEALTH NURSING Designation/Position: LECTURER Email: lucymwarik@gmail.com, lucy.kithinji@ku.ac.ke Contact Address: Area of Specialization: -Community health -Midwifery -community Development Research Interests: - Community health -Child health - Chronic illnesses and geriatrics health GOOGLE SCHOLAR https://scholar.google.com/citations?view_op=list_works&hl=en&user=bP1EfqwAAAAJ ORCID ID : https://orcid.org/0000-0002-2039-3636</p>	
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Academic & Professional Qualifications

- Master of Community Health and Epidemiology degree of Kenyatta University.
- Bachelor of Community Development Degree of Daystar University.
- Diploma in Advanced Nursing DAN -BSN Equivalent of University of Nairobi
- Registered Midwife KRM Mater in Misericordiae Hospital, Nairobi

Employment History

- Lecturer in Kenyatta University
- Tutorial fellow in Karatina University
- Lecturer in PREMESE institute of Community Development
- Nursing officer/Nurse tutor in Clive school of nursing in Chogoria Hospital

Achievements

- Rose from the position of nursing officer III, II, I and chief nurse.
- Up graded from diploma holder to undergraduate and master's degrees holder.
- Now in advanced level towards acquiring a PhD in Community Health.

Publications

Referred Journals

- Journal of international of Innovative Research and advanced Studies- IJIRAS

Books and Books Chapters

- How salt can assault your health. Other drafts are nearly complete.

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Conference/Workshops/Seminar Papers

Conference Papers

- The role of discipleship in church Growth and Community Development.
- Workshop on Service Contracting.

Workshops Papers

- The Role of the Church in Community Development

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Seminar Papers

- Effects of information education and communication on the uptake of family planning in rural community in Meru.

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Student Co-authored Publications

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Other Publications

- Caregiver Determinants of Utilization of Growth monitoring clinic services among children Aged 12- 59 months old in urban Kiambu County, Kenya.
- Health Facility Factors Influencing the use of Growth Monitoring clinic Services by Children Aged between Twelve and Fifty Nine months in Rural Machakos County in Kenya.

Research

- Utilization of growth monitoring clinic services among children in Kiambu and Machakos counties, Kenya.
- Respiratory disorders associated with quarry mining in Embakasi, Kenya
- Baseline survey for community health projects
- Project continuous assessment
- Project evaluation
- Religious affiliation of bars attendants in informal settlement in Nairobi.

Funded Projects

- Primary health care project in a rural community in Kenya.
- Breast feeding promotion in urban maternity hospitals and rural communities.
- HIV/AIDS awareness in informal settlements in Nairobi and parts of Kiambu Counties

Conferenced/Workshops/Seminars Attended

Conferences Attended

- Management of sexually Transmitted Infections HIV and AIDS in Nairobi, Nyeri, and Mombasa
- Breast Feeding Promotion in Nairobi, Mombasa, Eldoret and Harare
- Primary Health Care (PHC) in Indonesia

Workshops Attended

- Pedagogy workshop for lecturers..
- Stake holder workshops for curriculum development
- Training of Field Health Educators-TOT.
- Training of community health volunteers- TOT
- Training of traditional birth attendants- TOT
- National workshop for planning for celebration of international day of prevention of elder abuse.
- Development of modules for blended learning in the University

Seminars Attended

- Care of pregnant mothers during COVID 19 pandemic.
- Personal Protective Equipment when caring for COVID 19 patients.
- Prevention of drug abuse and dependency
- Care of needy and destitute children

Supervision of Postgraduate Students

Masters

- Determinants of abandonment of Psychiatric patients in Mathare Referral Hospital in Nairobi, Kenya, is in progress.
- Lecturing and supervision of masters students in clinical rotations.

Ph. D

- N/A
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Professional/ Consultancy (Editor/ Peer review in journals, Networks/ Collaborations, External Examiner, Patents)

- N/A
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Community Service and Other Engagements

- Founder of community based support group for parents with disabled children.
- Founded community based self help group for economic empowerment.
- Founder and director of a community bases health promotion project.

Affiliation of Professional Bodies

- Member of Association of Private Nurse Practitioners.
- Member of prevention of Elder Abuse Committee.

National and International awards and Recognitions

- N/A
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Administrative Positions Held

N/A

Recognized university administrative positions

- N/A
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Other administrative positions Held

- Nursing officer in-charge of paediatric, medical/surgical and maternity wards.
- Coordinator of community health department.
- Principle Tutor of Clive School of Nursing.
- National coordinator of an NGO based in Nairobi

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